

**NCAA Division III 2021 Outdoor
Track & Field Championships
Irwin Belk Track - 5/27/2021 to 5/29/2021
Meet Program - Saturday Running Events**

Event 21 Women 4x100 M Relay**Saturday 5/29/2021 - 12:05 PM****2 Heats. Advance top 3 from each heat plus next best 2 to final****DIII Champ: 45.65 5/26/2012 Methodist****A Chavis, E Powell, M Rodriquez, B Wilson**

Lane	Team	Relay	Prelims
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Section 1 of 1 Final

1	St. Thomas (MN)		47.54
	1) #351 Delaney McLoone SR	2) #354 Tay Walgrave FR	
	3) #348 Maddy Dolby SO	4) #353 Sarah Stellmach FR	
2	Mount Union		47.47
	1) #275 Cortni Arp JR	2) #281 Madison Miles FR	
	3) #285 Kenadee Wayt FR	4) #282 Lauren Roncone FR	
3	WPI		47.45
	1) #479 Arden Tanner SR	2) #475 Janelle Knight JR	
	3) #474 Vivienne Evans FR	4) #476 Katy Nippert SR	
4	Wis.-La Crosse	B	46.93
	1) #447 Aly Reuvers FR	2) #435 Kelly Aldrich JR	
	3) #448 Savannah Rygiewicz JF	4) #437 Emily Dawidowich FR	
5	Loras	B	46.72
	1) #247 Terrianna Black SR	2) #254 Alyssa Pfadenhauer FR	
	3) #253 Stevie Lambe SO	4) #249 Marion Edwards SO	
6	George Fox		46.82
	1) #187 Ashley Korb-Doty SO	2) #192 Kennedy Taube JR	
	3) #189 Emily Rohrer FR	4) #188 Sydney Radigan SO	
7	Wis.-Eau Claire		47.35
	1) #423 Megan Best SO	2) #430 Kady Kochendorfer JR	
	3) #431 Gianna Kornaus FR	4) #426 Logan Fahey SR	
8	Colby		47.59
	1) #156 Christina Speliakos SO	2) #154 Sabria Merrifield FR	
	3) #155 Katie-Marie Roy FR	4) #152 Sade Greenidge FR	

Event 22 Men 4x100 M Relay**Saturday 5/29/2021 - 12:15 PM****2 Heats. Advance top 3 from each heat plus next best 2 to final****DIII Champ: 40.01 5/28/2016 Wesley****D Trader, A Simpson, D Lowery, G Taylor**

Lane	Team	Relay	Prelims
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Section 1 of 2 Final

1			
2			
3			
4			
5	Wis.-Oshkosh		41.66
	1) #824 Adrian Girone SO	2) #831 Aaron Richardson JR	
	3) #828 Robert Ogbuli SR	4) #825 Jaylen Grant SO	
6			
7			
8			

Section 2 of 2 Final

1	Benedictine		41.20
	1) #514 Joshua Harris SO	2) #511 DJ Anderson JR	
	3) #509 Marvin Agwomoh	4) #513 Matt Fleming SR	
2	Mount Union		41.05
	1) #644 Jared Storm FR	2) #639 Andrew McVicker FR	
	3) #636 Tyler Gill SO	4) #640 Zack Munchick SO	
3	Rowan		41.01
	1) #691 Julian Pratt SR	2) #684 Donovan Clement FR	
	3) #682 Jah'mere Beasley FR	4) #679 Nana Agyemang FR	
4	St. John's (MN)		40.85
	1) #712 Jack Young SO	2) #704 Kevin Arthur FR	
	3) #707 Brady Labine JR	4) #709 Ryan Miller JR	
5	Wis.-La Crosse	C	40.18
	1) #808 Seth Holden JR	2) #803 Troy DeBruin SR	
	3) #816 Spencer Reichart SO	4) #810 Josh Koenecke JR	
6	Wartburg		40.54
	1) #759 Dallas Wright JR	2) #755 Riley Nolan FR	
	3) #758 Randy Williams FR	4) #757 Derrick Smith FR	
7	John Carroll		40.98
	1) #583 Garrett Clark SO	2) #585 Mick Doyle FR	
	3) #592 Mark Zahren SO	4) #591 Deven Ward JR	
8	Wis.-Eau Claire		41.07
	1) #798 Arik Skifstad JR	2) #792 EJ Kruse FR	
	3) #791 Stefan Klechefski FR	4) #789 Hunter Henk SR	

Event 9 Women 1500 M**Saturday 5/29/2021 - 12:25 PM****2 Heats. Advance top 4 from each heat plus next best 4 times****DIII Champ: 4:13.69 5/27/2021 Emily Pomainville**

Lane	Name	Yr	School	Prelims
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Section 1 of 1 Final

1	455 Zanzie Demco	JR	Wis.-Oshkosh	4:36.72
2	239 Ariel Keklak	SR	Johns Hopkins	4:36.70
3	362 Emily Pomainville	JR	SUNY Geneseo	4:13.69
4	477 Sydney Packard	SR	WPI	4:33.35
5	236 Ella Baran	JR	Johns Hopkins	4:36.56
6	329 Jordan Hurlbut	SR	Rochester	4:32.71
7	344 Ellen Mickelson	JR	St. Olaf	4:38.56
8	241 Therese Olshanski	SR	Johns Hopkins	4:38.49
9	120 Hope Murphy	FR	Baldwin Wallace	4:36.84
10	280 Brittany McCauley	JR	Mount Union	4:36.95
11	215 Rebekah Harden	JR	Illinois Wes	4:34.44
12	373 Evie Bultemeyer	SR	Trine	4:37.33

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Event 10 Men 1500 M**Saturday 5/29/2021 - 12:35 PM****2 Heats. Advance top 4 from each heat plus next best 4 times****DIII Champ: 3:44.50 1982 Kevin Foley**

Lane	Name	Yr	School	Prelims
Section 1 of 1 Final				
1	738 Travis Martin	SO	Trinity (CT)	3:51.95
2	545 Josh Fry	SO	Colorado Col	3:51.44
3	813 Michael Madoch	SO	Wis.-La Crosse	3:51.49
4	612 Sam Llaneza	SO	Lynchburg	3:51.04
5	590 Ian Pierson	SO	John Carroll	3:51.18
6	764 Will Houser	FR	Washington U	3:51.31
7	657 Gabriel Pommier	JR	North Central	3:51.76
8	579 Nicholas Hoffman	JR	Hope	3:52.42
9	767 Jacob Ridderhoff	JR	Washington U	3:51.63
10	665 Cal Yackin	SO	Otterbein	3:53.15
11	752 Matt Heinzman	JR	Wartburg	3:52.78
12	678 Scott Sikorski	SO	Rochester	3:53.30

Event 15 Women 100 M H**Saturday 5/29/2021 - 12:50 PM****3 Heats. Advance top 2 from each heat plus next best 2 to final
Hurdles in all lanes.****DIII Champ: 13.60 1998 Bridget Cochran**

Lane	Name	Yr	School	Prelims
Section 1 of 1 Final				
1	469 Hannah Zastrow	FR	Wis.-Stout	14.23
2	414 Caira Watson-Haynes	SR	Washington U	14.20
3	443 Emma Lawrence	SO	Wis.-La Crosse	14.20
4	418 Favor Ezewuzie	SR	Wheaton (Ill)	13.85
5	198 Birgen Nelson	FR	Gustavus Adolpl	14.02
6	127 Kelsie Sealock	FR	Bethel (Minn.)	13.94
7	298 Julia Babinec	SO	North Central	14.33
8	354 Tay Walgrave	FR	St. Thomas (MN)	14.28

Event 16 Men 110 M H**Saturday 5/29/2021 - 1:00 PM****3 Heats. Advance top 2 from each heat plus next best 2 to final
Hurdles in all lanes.****DIII Champ: 13.79 5/26/2012 Justin Johnson**

Lane	Name	Yr	School	Prelims
Section 1 of 1 Final				
1	664 Michael Rennette	JR	Otterbein	14.31
2	508 Kelton Kemp		Belhaven	14.32
3	669 Terrell Lewis	SR	Plymouth State	14.21
4	614 Alex Dimon	SR	Marietta	14.00
5	574 Taylor Rooney	JR	Gustavus Adolpl	14.08
6	548 Isaiah Brooks	JR	Cortland St.	14.31
7	871 Oliver Thomas	SR	WPI	14.50
8	753 Deyton Love	FR	Wartburg	14.53

Event 5 Women 400 M**Saturday 5/29/2021 - 1:10 PM****3 Heats. Advance top 2 from each heat plus next best 2 to final****DIII Champ: 52.81 5/27/2017 Wadeline Jonathas**

Lane	Name	Yr	School	Prelims
Section 1 of 1 Final				
1	400 Jackie Ganshirt	JR	Wartburg	56.53
2	360 Madison Mulder	SO	SUNY Geneseo	56.18
3	169 Olivia Costley	SO	Dubuque	56.15
4	254 Alyssa Pfadenhauer	FR	Loras	56.07
5	158 Kayla Armstrong	SR	Concordia U Chi	55.51
6	355 Gina Dello Russo	SR	Stevens Inst.	55.86
7	222 Katelyn Hutchison	SO	Ithaca	55.97
8	369 Samantha Gorman	SR	TCNJ	56.35

Event 6 Men 400 M**Saturday 5/29/2021 - 1:20 PM****3 Heats. Advance top 2 from each heat plus next best 2 to final****DIII Champ: 45.29 2003 Andrew Rock**

Lane	Name	Yr	School	Prelims
Section 1 of 1 Final				
1	815 Caden Pearce	SO	Wis.-La Crosse	47.95
2	578 Dan Stoll	SR	Heidelberg	47.71
3	644 Jared Storm	FR	Mount Union	47.51
4	566 Dazon Harrison	SO	Ferrum	48.31
5	659 Michael Stanley	JR	North Central	47.04
6	759 Dallas Wright	JR	Wartburg	47.27
7	638 Matt McBride	FR	Mount Union	47.50
8	648 Kyle Dickinson	SO	Neb. Wesleyan	48.34

Event 1 Women 100 M**Saturday 5/29/2021 - 1:30 PM****3 Heats. Advance top 2 from each heat plus next best 2 to final****DIII Champ: 11.71 2002 Muffy Israel**

Lane	Name	Yr	School	Prelims
Section 1 of 1 Final				
1	168 Alison Beeman	SR	Dubuque	11.90
2	249 Marion Edwards	SO	Loras	11.88
3	129 Adalia Coleman	FR	Bridgewater VA	11.79
4	309 Bailey Forsyth	JR	Pacific Lutheran	11.60
5	418 Favor Ezewuzie	SR	Wheaton (Ill)	11.73
6	247 Terrianna Black	SR	Loras	11.83
7	122 Aminah Crawford	SR	Beloit	12.00
8	177 Rebekah Bondi	JR	Emory	11.95

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Event 2 Men 100 M**Saturday 5/29/2021 - 1:40 PM****3 Heats. Advance top 2 from each heat plus next best 2 to final****DIII Champ: 10.19 2002 Chaz Clemons**

Lane	Name	Yr	School	Prelims
Section 1 of 1 Final				
1	810 Josh Koenecke	JR	Wis.-La Crosse	10.51
2	860 Dwayne Ford	JR	Wis.-Whitewater	10.56
3	597 Derrick Jackson	SO	Knox	10.55
4	825 Jaylen Grant	SO	Wis.-Oshkosh	10.44
5	543 JP Vaught	FR	Centre	10.44
6	709 Ryan Miller	JR	St. John's (MN)	10.50
7	808 Seth Holden	JR	Wis.-La Crosse	10.66
8	583 Garrett Clark	SO	John Carroll	10.58

Event 7 Women 800 M**Saturday 5/29/2021 - 1:50 PM****2 Heats. Advance top 2 from each heat plus next best 4 to final****Semi-final: Double waterfall (6/3 or 7/3)****Final: Laned start****DIII Champ: 2:03.51 5/27/2017 Emily Richards**

Lane	Name	Yr	School	Prelims
Section 1 of 1 Final				
1	455 Zanzie Demco	JR	Wis.-Oshkosh	2:12.71
2	137 Delaney Sall	FR	Calvin	2:12.47
3	264 Mackenzie Dixon	SR	Millikin	2:11.15
4	472 Alexis Gray	SR	Wittenberg	2:10.56
5	362 Emily Pomainville	JR	SUNY Geneseo	2:10.18
6	260 Esther Seeland	SO	Messiah	2:11.62
7	121 Elise Lambert	SO	Bates	2:11.93
8	477 Sydney Packard	SR	WPI	2:11.16

Event 8 Men 800 M**Saturday 5/29/2021 - 2:00 PM****2 Heats. Advance top 2 from each heat plus next best 4 to final****Semi-final: Double waterfall (5/3 or 6/3)****Final: Laned start****DIII Champ: 1:47.56 1991 Clive Terrelonge**

Lane	Name	Yr	School	Prelims
Section 1 of 1 Final				
1	575 Lucas Wright	SR	Hamilton	1:53.05
2	762 Alex Cobin	JR	Washington U	1:52.52
3	725 Idriss Idriss	SR	Stevenson	1:51.48
4	830 Steven Potter	JR	Wis.-Oshkosh	1:51.33
5	624 Ben Kuxmann	SO	Millikin	1:50.48
6	603 Mike Jasa	JR	Loras	1:51.25
7	546 Jesse Middendorf	JR	Concordia-Moor	1:52.44
8	622 Brody Beiler	SR	Messiah	1:52.41

Event 17 Women 400 M H**Saturday 5/29/2021 - 2:15 PM****3 Heats. Advance top 2 from each heat plus next best 2 to final****Hurdles in all lanes.****DIII Champ: 58.51 5/21/2015 Ashante Little**

Lane	Name	Yr	School	Prelims
Section 1 of 1 Final				
1	198 Birgen Nelson	FR	Gustavus Adolp	1:02.99
2	246 Elayna Bahl	SO	Loras	1:01.94
3	217 Kelsey Wyman	SR	Illinois Wes	1:02.36
4	185 Bethany Gingerich	SO	George Fox	1:02.53
5	159 Simone Wilson	SR	Concordia U Chi	1:01.02
6	443 Emma Lawrence	SO	Wis.-La Crosse	1:02.19
7	323 Harley Wilson	SR	RIT	1:01.91
8	464 Elle Maculan	SO	Wis.-Stevens Pt.	1:02.64

Event 18 Men 400 M H**Saturday 5/29/2021 - 2:25 PM****3 Heats. Advance top 2 from each heat plus next best 2 to final****Hurdles in all lanes.****DIII Champ: 49.59 1977 Edwin Moses**

Lane	Name	Yr	School	Prelims
Section 1 of 1 Final				
1	519 Tyler Sealock	SO	Bethel (Minn.)	53.03
2	770 Andrew Whitaker	SR	Washington U	52.93
3	777 Eli Odell	SO	Wheaton (Ill)	53.01
4	535 Andrew McGovern	FR	Carnegie Mellon	53.11
5	759 Dallas Wright	JR	Wartburg	51.70
6	520 Joel Smith	SO	Bethel (Minn.)	52.90
7	735 Jake Gladieux	SO	Trine	52.64
8	746 Cameron Rodgers	SO	UMass Dartmou	53.20

Event 3 Women 200 M**Saturday 5/29/2021 - 2:40 PM****3 Heats. Advance top 2 from each heat plus next best 2 to final****DIII Champ: 23.44 5/25/2019 Gabrielle Noland**

Lane	Name	Yr	School	Prelims
Section 1 of 1 Final				
1	272 Kenzie Baker	SR	Monmouth (Ill)	24.38
2	297 Aspen Rolfes	SR	Neb. Wesleyan	24.35
3	129 Adalia Coleman	FR	Bridgewater VA	24.54
4	158 Kayla Armstrong	SR	Concordia U Chi	24.14
5	418 Favor Ezewuzie	SR	Wheaton (Ill)	23.94
6	309 Bailey Forsyth	JR	Pacific Lutheran	23.96
7	355 Gina Dello Russo	SR	Stevens Inst.	24.22
8	437 Emily Dawidowich	FR	Wis.-La Crosse	24.59

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Event 4 Men 200 M**Saturday 5/29/2021 - 2:50 PM****3 Heats. Advance top 2 from each heat plus next best 2 to final****DIII Champ: 20.80 5/26/2012 Sean Bernstein**

Lane	Name	Yr	School	Prelims
Section 1 of 1 Final				
1	583 Garrett Clark	SO	John Carroll	21.56
2	757 Derrick Smith	FR	Wartburg	21.50
3	808 Seth Holden	JR	Wis.-La Crosse	21.43
4	502 Derek Plitt	FR	Adrian	21.47
5	543 JP Vaught	FR	Centre	21.11
6	682 Jah'mere Beasley	FR	Rowan	21.33
7	659 Michael Stanley	JR	North Central	21.37
8	597 Derrick Jackson	SO	Knox	21.62

Event 11 Women 5000 M**Saturday 5/29/2021 - 3:00 PM****Final only. Random draw.****Double Waterfall (13/6)****DIII Champ: 15:51.23 2003 Missy Buttry**

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Final				
1	220 Parley Hannan	FR	Ithaca	16:17.94
2	307 Sydney Smith	SR	Otterbein	17:21.37
3	182 Annika Urban	FR	Emory	17:03.81
4	149 Maeve Roach	SR	Coast Guard	17:07.41
5	216 Katie North	SR	Illinois Wes	17:12.48
6	112 Sophia Wolmer	FR	Amherst	17:08.45
7	166 Isabel Cardi	SR	Dickinson	16:44.18
8	255 Kassie Rosenbum	JR	Loras	16:45.82
9	236 Ella Baran	JR	Johns Hopkins	16:40.85
10	339 Fiona Smith	FR	St. Benedict	16:53.29
11	398 Carina Collet	JR	Wartburg	17:18.73
12	399 Aubrie Fisher	FR	Wartburg	16:57.93
13	138 Clara Mayfield	SO	Carleton	17:04.46
14	382 Danielle Page	SO	Tufts	16:40.57
15	200 Helen Dolan	JR	Hamline	16:56.99
16	242 Alex Ross	JR	Johns Hopkins	17:11.35
17	139 Amanda Mosborg	SR	Carleton	17:10.19
18	210 Anastasia Tucker	SO	Hope	16:37.99
19	387 Lucy Groothuis	FR	U. of Chicago	17:24.78

Event 12 Men 5000 M**Saturday 5/29/2021 - 3:25 PM****Final only. Random draw.****Double Waterfall (12/5)****DIII Champ: 13:55.00 1979 Dan Henderson**

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Final				
1	594 Jared Pangallozzi	SR	Johns Hopkins	14:27.69
2	611 Frank Csorba	SO	Lynchburg	14:22.69
3	732 Matthew Sayre	JR	SUNY Geneseo	14:17.52
4	700 Spencer Moon	FR	Simpson (Iowa)	14:26.13
5	743 Ryan Cutter	JR	U. of Chicago	14:20.98
6	584 Jamie Dailey	JR	John Carroll	14:30.13
7	531 Matthew Wilkinson	JR	Carleton	13:58.25
8	752 Matt Heinzman	JR	Wartburg	14:29.07
9	663 Hunter Moore	JR	Otterbein	14:21.93
10	613 Maximillian Sparks	JR	Lynchburg	14:27.60
11	751 Joe Freiburger	JR	Wartburg	14:00.69
12	859 David Fassbender	JR	Wis.-Whitewater	14:32.49
13	530 Lucas Mueller	JR	Carleton	14:30.24
14	565 Jack Whetstone	JR	Emory	14:30.95
15	750 Christopher Collet	FR	Wartburg	14:24.03
16	742 Sam Craig	SO	U. of Chicago	14:24.89
17	589 Alex Phillip	FR	John Carroll	14:17.67

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Event 23 Women 4x400 M Relay**Saturday 5/29/2021 - 3:50 PM****2 Heats. Advance top 3 from each heat plus next best 2 to final****DIII Champ: 3:40.76 1988 Mass.-Boston****Larts, James, Durant, Eddins**

Lane	Team	Relay	Prelims
Section 1 of 1 Final			
1	TCNJ		3:48.87
	1) #368 Megan Gasnick SO	2) #369 Samantha Gorman SR	
	3) #367 Amanda Demko FR	4) #371 Allison Uhl SO	
2	Neb. Wesleyan		3:48.59
	1) #291 Isabella Hilger FR	2) #297 Aspen Rolfes SR	
	3) #295 Camryn Larsen SR	4) #292 Reagan Janzen JR	
3	Wartburg		3:47.45
	1) #402 Carson McSorley SO	2) #401 Brenna Jacobs SO	
	3) #404 Taylan Olson SO	4) #400 Jackie Ganshirt JR	
4	Loras	B	3:46.33
	1) #253 Stevie Lambe SO	2) #246 Elayna Bahl SO	
	3) #251 Merryl Green FR	4) #254 Alyssa Pfadenhauer FR	
5	SUNY Geneseo		3:45.38
	1) #364 Jenna Strickland JR	2) #357 Anna Flaitz SO	
	3) #360 Madison Mulder SO	4) #359 Emily Lavarnway SO	
6	Rochester		3:46.33
	1) #327 Michaela Burrell SR	2) #328 Kristin Hardy SO	
	3) #326 Eileen Bequette SR	4) #325 Susan Banschach SO	
7	Mount Union		3:47.06
	1) #275 Cortni Arp JR	2) #281 Madison Miles FR	
	3) #285 Kenadee Wayt FR	4) #278 Micah Donley FR	
8	Wis.-La Crosse	B	3:48.20
	1) #439 Lucy Fashingbauer JR	2) #442 Amber Johnson FR	
	3) #448 Savannah Rygiewicz JF	4) #436 Katie Banic SO	

Event 24 Men 4x400 M Relay**Saturday 5/29/2021 - 4:00 PM****2 Heats. Advance top 3 from each heat plus next best 2 to final****DIII Champ: 3:08.10 5/24/2018 Mount Union****Roth, Neth, Etzler, Digby**

Lane	Team	Relay	Prelims
Section 1 of 1 Final			
1	Wheaton (Ill)		3:14.09
	1) #777 Eli Odell SO	2) #776 Andrew Lauber SR	
	3) #780 Max Veth SR	4) #779 Peter Van Os SR	
2	Wartburg		3:12.72
	1) #759 Dallas Wright JR	2) #756 Wyatt Schmidt FR	
	3) #753 Dayton Love FR	4) #754 Dalton Martin SO	
3	Loras		3:12.11
	1) #608 Shamari Scott SR	2) #609 Josh Smith SO	
	3) #606 Carter Oberfoell SO	4) #603 Mike Jasa JR	
4	Rowan		3:11.40
	1) #685 Amara Conte FR	2) #681 Hunter Barbieri SO	
	3) #693 Francis Terry JR	4) #683 Justin Bishop JR	
5	Mount Union		3:11.12
	1) #638 Matt McBride FR	2) #636 Tyler Gill SO	
	3) #637 Justin Knoch FR	4) #644 Jared Storm FR	
6	Washington U		3:11.28
	1) #770 Andrew Whitaker SR	2) #771 Marcus-Jay Wilkes SO	
	3) #763 Alex Djetto FR	4) #769 John Harry Wagner SR	
7	Wis.-La Crosse		3:12.96
	1) #818 Jake Sullivan JR	2) #807 Addison Hill FR	
	3) #804 Payton Flood FR	4) #815 Caden Pearce SO	
8	Wis.-Eau Claire		3:13.52
	1) #789 Hunter Henk SR	2) #794 Jordan Lijewski JR	
	3) #787 Kevin Eisenzimmer SC	4) #798 Arik Skifstad JR	